

# CONNECT & DO

## SEPTEMBER TIMETABLE

### MONDAY

#### Relaxation with Bertha

1pm - 1.45pm

Join Zoom meeting:  
Meeting ID: 858 7022 7959  
<https://us02web.zoom.us/j/85870227959>

#### Zoom Training Session

2pm - 3pm

Call Holly to book a place on  
07517 988 354

### TUESDAY



#### Connected Words with Ruby

Tuesday 15th & 22nd September | 11 - 12.30pm

Join Zoom meeting:  
Meeting ID: 824 0351 9700  
<https://us02web.zoom.us/j/82403519700>

### WEDNESDAY

#### Art & Craft

11.30 - 1pm

Join Zoom meeting:  
Meeting ID: 837 8907 7409  
<https://us02web.zoom.us/j/83789077409?pwd=UmxveGt->

#### Men's Group

2 - 3.30pm

Call Ali to join in:  
0772 658 002

#### Friends Connected

4 - 6pm

Call Ahmed to join in:  
0746 005 4264  
Meet outside C&D space

### THURSDAY

#### Art

11 - 12.30pm

Join Zoom meeting:  
Meeting ID: 964 725 4912  
<https://us02web.zoom.us/j/9647254912>

#### Zoom Training

2 - 3pm

Call Holly to book a space:  
07517 988 354

#### Cinema Group

Thursday 24th | 12pm

Call Ahmed to join in:  
0746 005 4264  
Meet outside C&D space

### FRIDAY

#### Coffee Afternoon

3 - 5pm

Call Ahmed to join in:  
0746 005 4264  
Meet outside C&D space

