



Press release
March 1 2016

What is it like to live in Ealing with a learning disability?

Dr Rupa Huq MP visits local residents to find out

Certitude is a charity which has been providing a range of support services to people with learning disabilities and their families throughout Ealing for over 25 years. Certitude strongly believes that everyone has the right to a good life – and for many people that the organisation supports, this means playing an active role in the local community. On Friday February 24th, Dr Rupa Huq MP visited a number of Certitude houses to ask the people living there how they found life in Ealing.

Aisling Duffy, Chief Executive of Certitude was delighted that Rupa Huq was able to take the time to meet and chat with people. She comments:

“It’s fantastic to have our local MP taking an interest in our approach and engaging with people we support. For most people, life is more full, happy and interesting when connected with others – volunteering, socialising and being connected with local groups. We support lots of people with learning disabilities, as well as their families and carers who feel the same – that an active life is a good life.”

Rupa Huq visited two houses which are within her constituency of Ealing Central and Acton. People she spoke to told her about their busy lives; going to college, meeting up with friends, working and being part of Certitude’s Community Choir were just a few examples. Learning to travel independently has had a big impact for many of the people Dr Huq spoke to and has opened up so many more choices. A couple of people described their plans for the weekend – going clubbing in Essex!

Rupa Huq comments:

“Following an inspiring morning visiting the Certitude houses, I was delighted to bump into some familiar faces from Certitude at the Ealing SEND Fair which is organised for

parents, carers, children and young people with Special Educational Needs and/or disabilities living in Ealing."



(L-R) Eleri Ebenezer, Chair of the Certitude Board and Geeta Preston with Ealing Central and Acton MP Dr Rupa Huq



(L-R) Eleri Ebenezer, Chair of the Certitude Board, Dr Rupa Huq MP and Aisling Duffy, CEO of Certitude.

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